

THE GRAPEVINE

Military Council of Catholic Women

May your troubles in the New Year be as short as your resolutions.



PRESIDENT'S PLACE

The Military Council of Catholic Women is

busy wherever you look! The chapel groups are in their mid-year stride with faith studies and spiritually enriching programs. The Regional Boards are preparing for their first board meetings and beginning to plan their 2007 conferences. Meanwhile, your MCCW Worldwide Board of Directors just concluded the annual January board meeting held January 13-16 at Emory Conference Center in Atlanta, Georgia—the site of our MCCW Worldwide Training Conference October 5-9, 2006. Here are some of the highlights of that gathering:



We are building a new organization—one that is larger and more diverse. We are truly blessed.

- * Fran Kelly, founding member of MCCW-USA in 1970 and our dedicated Historian, has been a member of MCCW (including Europe) for over 40 years. MCCW presented Fran with a Papal Blessing scroll and received scrapbooks from her filled with treasures of our history. We look forward to seeing Fran at conference in October and thank God for the many blessings He has given MCCW through Fran.
- * This was our very first WORLDWIDE board meeting and we delighted in having **Patricia Long**, Europe Regional Director, and **Helen Granado-Boesel**, Service Chair, with us representing Europe as a result of the MCCW reorganization.
- * Welcome back, MCCW-Southeast! It was a pleasure to have **Sherry Wodicka**, as SE Regional Director, "on board.".

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Board Appointment

I am pleased to announce that **MARIA MORENO** has accepted the position of MCCW Historian. Maria stands ready to continue the excellent work that Fran Kelly did for so many years. Thank you, Maria

Volume 33, Issue 2

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Executive Board

- President—Susan Boling
- 1st VP—Tina Sacks
- 2nd VP—Carol Fountain
- Secretary—Dawn Harding
- Financial Manager—Libby Trautman

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JOURNEY NOTES: Our Spiritual Journey

The newest addition to MCCW: Journey of Faith, (MCCW's travel training program) is more than just training. It is a miniretreat, meant to add a spiritual dimension to the training session while building community among the participants.

Our Spiritual Journey is composed of three parts: Christian Spirituality, Centering Our Hearts, and Living in the Spirit. Each holds opportunities for personal quiet reflection on scrip-

Join us on a "Journey of Faith." ture, as well as prayer and shared stories. Music is used to enhance the mini-retreat, as is the Lectio Divina method of prayer.

Our Spiritual Journey will be offered to each chapel group that hosts an MCCW: Journey of Faith presentation, and is ide-

ally held the evening prior or after the regular training ses-

sions.

Let me take this opportunity to thank Lisa Donahue of Langley AFB for all her contributions to this project; her faith in God is deep, abiding and very evident.

Our Spiritual Journey is just one more reason to host a presentation of MCCW: Journey of Faith, and if you're group is interested in doing so, please let me know; we're here to serve our members! In the meantime, may our Lady of Good Counsel pray for us! --Carol Fountain

Southeast Regional News

Happy New Year. I hope it is a happy new year for every one. I enjoy the new year. Because I feel it is a new beginning. I took down all the decorations early. Usually I don't do it until after Epiphany but my husband is going in for surgery tomorrow. Nothing real serious but do keep him in your prayers. I didn't want to have to do it after wards. It is a lot of work because I do over kill, decorating as my husband puts it. So it is depressing to me when the house is not all decorated. My house looks empty. Usually I go into a serious cleaning mode. It looks all new just like the new year. Well sort of new, clean anyway.

One thing I did this year during Advent was reading old Christmas cards. I have a big box full. Cards from thirty years ago. It was fun and sad reading them. Most of my friends and family have grandchildren now and the cards I get now are about their grandchildren. I read cards that were when their children were still little or at home. Some of the friends and family had passed away, some divorced, some I don't even hear from anymore. But as I read these cards, I laughed, cried and found myself praying for them. makes for people in nursing homes. I gave her some, but not all.

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"I enjoy the new year ... I feel it is a new beginning."

May You Have:

Enough happiness to keep you sweet. Enough trials to keep you strong. Enough sorrow to keep you human. Enough hope to keep you happy. Enough failure to keep you humble. Enough success to keep you eager. Enough friends to give you comfort.

Enough wealth to meet your needs. Enough enthusiasm to make you look for-

ward to tomorrow.

Enough determination to make each day worthwhile.

Submitted by: Carol Fountain

Speak with out offending; listen without defending.

Webmaster's Waves

Stop the presses!

Hot new info concerning the MCCW website. Due to a recent board decision, we have changed our name! We are now www.mccw-worldwide.org, servicing installations the world over. The old website will be shutdown in a few months and anyone currently going there will be redirected to the new website, so change your bookmarks to reflect the new name and address. We will continue to receive email at

the old address until the site is shutdown in March. Pass the word, we have a new name and address on the web!

Marshall R. Madole—Webmaster webmaster@mccw-worldwide.org http://www.mccw-worldwide.org



There is a new web name for MCCW Worldwide—check it out!

Southeast Regional News

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them. My husband thought I was crazy. But I really enjoyed reading them. It took me several days. A friend of mine asked me for some of my old cards to use for decorations she makes for people in nursing homes. I gave her some, but not all. When my husband and I was putting away the decorations I came across the box that I add the cards to from all the years and it was still pretty heavy. It is hard to let go of some things in life. I just can't let go of the memories those old cards bring. Maybe next year. Anyway I was getting to how we begin a new year and make all kinds of resolutions. I only made one this year. That is to grow closer to the Lord. I pray that I keep this resolution all through the year and not lose the enthusiasm I have now.

The Southeast is active and I am hearing from other installations. I talked to Marie Martin in Orlando and she says their MCCW is very active. Fort Gordon MCCW is active. We have our First Friday meeting tomorrow night. I hope many

installations in the Southeast will have First Friday meetings. Please let me hear from you all. I am still looking for a few ladies interested in serving on the board for the southeast region. I will be going to the Board meeting next week and hopefully will get lots of feed back. God Bless you all in the NEW YEAR! Sherry Wodicka SE Regional Director

The southeast is alive and well!

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Northeast Regional News

"So faith, hope, love remain, these three; but the greatest of these is love" (1 Corinthians 13:13).

St. Paul tells us, "So faith, hope, love remain, these three; but the greatest of these is love" (1 Corinthians 13:13).

He tells us that 'Love' is the most important virtue. In my daily prayer, do I ask God to open my heart to His love? Some will say yes and some will say no. How can I expect to love others if I do not open my heart to God's love? What does it mean to open your heart to His love? For me, it is saying "Yes God, I accept you as my Father, I accept any trials that I may experience, I will follow your commandments"

"If you love me, you will keep my commandments." John 14:15.

I am the first one to admit that I fall short in some of our Father's requests. Even though I am weak our Father does not withhold His love from me. He loves me unconditionally. So how can I show our Father that I unconditionally love Him, too? By loving others of course. I know this is hard especially with those around us who may hurt us, who may make us feel uncomfortable, who may not make us feel welcomed, who may make fun of us or our feelings. Sometimes I wonder if some of the things I do that hurt God may make Him say "You know Maria, I may not like your very much right now but I still do love you." There lies the difference, at times you may not like someone because of the way they

treat you but you MUST continue loving them. All the virtues lead to love, without love you cannot feel charity, compassion and forgiveness. So what I am saying to you is that the next time someone acts uncharitable towards you, do not close the door on him or her completely. Can you just imagine if when we hurt God, He would decide to stop loving us? It is unimaginable. Instead, He sets the example of loving us regardless of what we may do. So love and pray for those who have hurt or ridicule you because even though you may not like their actions you must still love them as your Christian brothers and sisters.

"May today there be peace within. May you trust God that you are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith. May you use those gifts that you have received, and pass on the love that has been given to you. May you be content knowing you are a child of God. Let this presence settle into our bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of you." St. Theresa's Prayer

Now let me talk about the NE region. Your NE Board has been busy this past couple of months planning a spring "MCCW - NE Leadership Training Workshop". The dates for this 2006 workshop will be 21 - 22 April. Arrival will be on 21 Friday between 3:00 pm -5:00 pm, dinner/icebreakers and fellowship from 6:00 pm - 9:00 pm. We will have a full day (9:00 am - 3:00 pm) of workshops on 22 Saturday. Two members from each installation will be invited (the president, the vice president or two other designees). Each installation will soon be receiving a packet with more information. Presidents please sit with your moderators and share the information in the packets. This training will aid those in leadership positions on how to be better

leaders. The four workshops that will be presented by your Journey of Faith trainers are as followed:

- "Sharing the Journey" (inviting all Catholic women to MCCW)
- "Celebrating the Journey" (program balance and ideas for MCCW)
- "Food for the Journey" (incorporating Word and Eucharist into MCCW)
- "And They'll Know We Are Christians" (group dynamics and conflict resolution for MCCW).

Mark your calendars and start making plans to attend. The deadline to register will be 15 March.

Please keep the NE board in your prayers. You are in mine. In His Peace with Love, Maria Scott, NE Regional Director

"If you love me, you will keep my commandments." John 14:15.

"Kind words can be short and easy to speak, but their echoes are truly endless" - Mother Teresa

Moderator's Moments

I simply don't know where this month had gone. It's late, at least later than it normally is when I sit down to write. All kinds of reasons come to mind, but the only one that makes any sense is that I have been on the road quite a bit and I don't write well in hotel rooms, on airplanes – so here we are.

Can you believe that it is the second month of the year, already? Time flies when you are having fun! By now every resolution made has probably been broken at least once, or they have been forgotten as we face the problems of everyday life. I thought I would write about problems and getting past them, or at least through them. This is a story that I found in a little book titled Puppies for Sale, I have adapted it for use in this article. Have you ever noticed how the every day problems we face seem so large and insurmountable? Sometimes, I think that everything depends on how we look at things, our point of view. See if it makes any sense as we face all the everyday problems of life! Listen to the story, don't just read it!

Once there were two friends, we'll call them Tim and Bill.

Tim held a belt (for our story the color doesn't matter) in full contact Karate. He was going to a competition and asked Bill to come along to help him. In the competition Tim asked Bill to hold a two-one inch thick board out in front of himself so that Tim could attempt to break through them to demonstrate punching power. Bill braced himself firmly for the effort and held the boards straight out at arms length, in front of his chest. Tim hit the boards as hard as he could. His hand landed with a dull thud, no other sound, just "THUD".

The boards did not break, but Tim's knuckles did. Now Bill had seen his friend break a single board of this thickness before, but never two. He thought he might give up, but giving up was not in his friend's nature. Quickly Tim punched again. Once again. Thud!

The thud was the only sound Bill heard as he clenched his eyes shut. There was no sound of boards breaking and another knuckle on Tim's hand began to bleed and swell. The crowd began to giggle at Tim's apparent lack of ability. Tim once more recoiled and punched again, this time the boards broke with a loud crack, his third effort.

As they walked off stage Bill asked what had gone wrong. Tim quickly replied "I made a big mistake. Instead of looking through the boards at your chest, I looked at the boards. To do it right you have to imagine a point past the point of impact."

This is a good lesson for all of us to learn when we face the problems and obstacles of life. We must look beyond the obstacles not at them. The focus needs to be on the finish, not on the pain of the race. The perplexing problem, painful situation, the agonizing ordeal will soon be behind you. St. Paul tells us in the letter to the Hebrews 12/1-2 "Let us run with perseverance the race marked out for us, firing our eye on Jesus, the author and perfected of our faith." Sometimes looking at where we want to be helps us to see how to get there. Next time you have a problem - think about it.

God Bless,

Fr Greg

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Count Your Blessings

We have just returned from the first ever MCCW Worldwide Board Meeting—what a adrenaline rush!

We had a lot of work to accomplish and we had the input from many smart and energetic ladies to get it accomplished.

We are so blessed to have this executive board and the guidance of a dynamic priest, Father Greg D'Emma. Under their tutelage we are joining MCCW into one exciting organization under the auspices of the Office of the Chief of Chaplains.

We will have Worldwide Training Conferences in the even years and the Re-

gional Conferences will still be held in the odd numbered years. Europe will still continue to have a conferences as they have in the past. At these conferences women can come together and learn how to serve each other and their communities better—especially in these times when there are not priests at many installations.

Start planning now for the Worldwide Conference in Atlanta, Georgia at the Emory Conference Center now. It is going to be a fantastic training conference with dynamite speakers. Check out the website for information as it becomes available.

Your Sister In Christ, Laine Madole



Count your blessings each and every day!

Service Resource Coordinator News

It is with a persuasion that encompasses abandonment to self as exemplified by Mary in the second (2nd) Joyful Mystery where "she got up and went with haste to her cousin Elizabeth", that I feel very excited and look forward to serving as the Service Resource Coordinator responsible for promoting local and worldwide understanding of the need to provide charitable contributions.

As we closed off the Year of the Eucharist, we were left to remember the serious implications of participating in Eucharist...to be strongly reminded that "Christ whom we encounter in the Eucharist, meets us daily in our social, economic and political relationships".

This is our way to "act out our baptismal vocations of priest and prophet

by uniting through Christ on the altar" with those who may be less endowed and inadvertently oppressed throughout the world.

With a joyful and trusting spirit, I look forward to so beckoning in the era of the ONE WORLD CHARITY for the MCCW. Prior to this, CONUS MCCW was not involved in Worldwide charity.

Having served on the European Board, I feel confident that we can encourage a way to exceed contributions through the joint cooperation of the European theatre and CONUS MCCWs!

I am pleased to spearhead a new operation of such glorious splendour through Christ.

"Is there a poor man among you one

"Christ whom we encounter in the Eucharist, meets us daily in our social, economic and political relationships".

of your brothers, in any town of your land that Yahweh your God is giving you? Do not harden your heart or close your hand against that poor brother of yours, but be open-handed with him and lend him enough for his need"...Deuteronomy 15:7-8. Helen Granado-Boesel

Humbly pray for the virtue of charity.

Prayer List

Let Us Pray:

- For all members of MCCW and NCCW and their families
- For those members suffering from cancer, especially Father Peter Uhde, that God gives them the strength to fight.
- For all the survivors of cancer, that God bless them with His constant gifts.
- For all of our Chaplains who are doing more and more with less and less.

- For the unborn children and their parents.
- For all of our members who have lost loved ones, that God will console them in their mourning.
- For all of the children who are estranged from their families, that the Holy Spirit will smooth the way for a return to family life.
- For all our members and Chaplains as they continue to bring Christ to the world.
- For all the installations that no longer have an active duty Chaplain



that they continue to thrive.

Repose of the soul of Angela.

President's Place

- Resource Chairs Alba Thompson,
 Ellyn Koski and Helen GranadoBoesel worked with other board
 members to begin the planning
 process for conference. What talent
 and dedication they bring to
 MCCW.
- A committee was established that will develop programs that educate and support religious vocations.
- Training modules for the board included the three new MCCW: Journey of Faith electives prepared by

Carol Fountain and Lisa Donahue, financial management SOP's presented by Libby Trautman, review and updating job descriptions, and member recruitment and retention presentation.

MCCW Worldwide Training Conference planning included briefing and tours by the conference center by staff, and opportunities to indulge in the delicious food and fine amenities offered by the center. Look for your 1st Call to Conference in February. Our theme, "Living His

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Will." **Tina Sacks** is immersed in planning this ground-breaking conference

A special word of gratitude to **Father Gregory D'Emma**, our Spiritual Moderator, for his attendance and wise guidance throughout our meeting.

Calendar of Events

1 March 2006—Ash Wednesday 27-30 March 2006—Europe Regional Spring Training Conference 16 April 2006—Easter Sunday (If anyone has an event that they wish to have placed in the Calendar please email the dates and



event to me.)

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Catholic Spirituality Links on the Internet

As more people become confident in using personal computers more ministry groups are using the Internet as a means to help us grow in our faith life. Here are three Internet sites that can enhance your personal spiritual journey. You may wish to take a look at each of these opportunities as the New Year begins:

1. WOMEN OF GRACE

From Johnette Benkovic's ministry, *Living His Life Abundantly*

Join the Women of Grace mailing list and begin receiving your daily Grace Lines

http://www.womenofgrace.com

2. SACRED SPACE

From the Jesuit Communications Centre, Dublin, Ireland

"We invite you to make a 'Sacred Space' in your day, and spend ten minutes, praying here and now, as you sit at your computer, with the help of on-screen guidance and scripture chosen specially every day."

http://www.sacredspace.ie/index.jsp?
lang=en#counter

3. SAINT OF THEDAY

from St. Anthony Messenger Press

You can register to receive the Saint of the Day reflection emailed to you..

<u>http://www.americancatholic.org/Features/</u>
<u>SaintOfDay/default.asp</u>

GIVEN BY SUSAN BOLING

Saint of the Month

Methodius and Cyril (originally named Constantine) were brothers who were devoted to the religion of Christianity and the introduction of that religion into foreign countries. They accomplished this by furthering the written and spoken Word in the 800s.

The brothers were born a year apart to a high ranking official in Macedonia. They received a good education. This proved all important in their missions to the Slavonic speaking countries.

They were ordained archbishops in Moravia. They had to struggle with

the Germans since the Germans distrusted them because of the language that they knew. Methodius was later imprisoned in a German monastery for three years by the German bishops, accusing him of abusing his power. Pope John VIII

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Chapel Chatter

Hello from Tinker Air Force Base here in breezy Oklahoma. This past month our program was a health program. We had a representative from the Base Clinic come and speak about women's health issues. She was well received and gave us a lot of information that we did not know.

We are slowly growing in numbers and we appreciate each and everyone of the women that come—even though they cannot come to every meeting or event that we

offer.

We will be hosting a Valentine Dinner Dance on 4 February for the entire community. When this dinner started years ago it was for the women of the CWOC/MCCW and their husbands and then it grew to include the entire community. We all have a wonderful time and it unites the community. It is not just for "old married folks" but singles come to enjoy good music and friendships that are old and new ones that

are made. Try hosting one at your chapel and see what comes from it.



Saint of the Month

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reinstated Methodius as archbishop and he continued to spread his beliefs throughout the country.

Constantine died on 14 February 869 and on that day he took his monastic vows and changed his name to Cyril. He had "a heavenly vision" and sang. "My heart is glad and my soul rejoices, because they said to me: 'We will go up to the house of the Lord'." As he died he asked for God's blessing on his brother and the other missionaries and for Him to

guide them where they needed to be.

Methodius continued until his health suffered and he died 6 April 885 after he attended church on Palm Sunday to say goodbye to his congregation

They believed in the importance of celebrating liturgy in your own language—they were far before their time.

Prayer: Saints Cyril and Methodius,

watch over all missionaries but especially those in Slavic countries. Help those that are in danger in the troubled areas. Watch over the people you dedicated your lives to.

Amen submitted by Laine Madole



Service

" The path of human solidarity is the path of service; and true service means selfless love.

open to the needs of

all, without distinction of persons, with the explicit purpose of reinforcing each person's sense of God-given dignity. Pope John Paul II, "Meeting with San Antonio Charities", San Antonio 1987

Grapevine Submissions

With the revamping of the Grapevine Newsletter I would like to take this time to request that article run no more than about 350 words. I know that this is not an easy request but for space it would be much more efficient and easier to read.

If whatever you are writing about deserves more room just let me know and I will make sure there is room for the article. We do not want to stifle any one from getting their message or news out to everyone

in MCCW Worldwide.

If you have any questions on what to write please contact myself or one of the board members. We are striving for a dynamic organization and want to do what is best for us.

Thank you for your consideration in this matter. *Laine Madole*



We are all like flowers—we grow and we change and we blossom.



Central Regional News

Our Lady of Lourdes

After spending three years in Europe, I returned to the states having wished I had taken the opportunity to visit Lourdes, France. It is such a long journey from Wurzburg, Germany and with my husband deployed for most of our tour, I was never quite up to the trip alone with my four children. Although I feel that we all would have benefited from such an experience, timing was never right. I vow to return someday and make that pilgrimage and walk through a part of our Church's history that I yearn to know more about. The miraculous event that occurred so many years ago with Saint Bernadette will forever be a part of our Catholic Faith.

On February 11, 1858, one of the most famous of all Mary's apparitions began. Our Lady appeared to a 14 year old peasant girl named Bernadette Soubirous.

She was the oldest daughter of one of the poorest families in the town. Her father was out of work. Bernadette was sickly and had to be kept from the cold and working too hard. Despite this, she was allowed one day to go collect firewood with two friends. The people of that time cooked and heated their houses with firewood. She and her friends passed by the rock of Massabielle (big rock in the local dialect) a craggy outcropping in a wild and deserted part of the countryside.

After a little while, Bernadette's friends decided to cross the river that ran near the rock. The water was cold, and Bernadette didn't want to get her feet wet. She stayed on the other side for a while and then sat

down to take off her shoes, because she didn't want to be left behind. Suddenly, she heard a loud noise, 'like wind.' Turning she saw 'a beautiful Lady' dressed in white with a rosary hanging from her arm, standing in a small cleft or grotto in the rock. The Lady smiled at her, beckoned her to approach, and they prayed the Rosary together. Bernadette prayed and the Lady joined in for the Glory Be.

At first, when she said what she had seen, she was not believed, and her mother said she couldn't visit the site again. Bernadette obeyed her mother. A few day later, some friends who had heard about it, asked Madame Soubirous if Bernadette could go back to the grotto. Then her mother gave permission.

On February 18, the Lady asked Bernadette to come for 15 days. Day after day, every time Bernadette went to the rock and the Lady appeared, she told Bernadette a little more. More and more people went with Bernadette. They did not see the Lady, but they could tell that Bernadette was seeing something very special and beautiful, because Bernadette looked so happy and beautiful herself when the Lady was there.

The Lady told her that we all must, "Pray for the conversion of sinners," have "Penance, penance, penance," and "Go tell the priests to have people come here in a procession and to have a chapel built here." On February 25, two weeks after the beginning of Our Lady's appearances, the Lady of the Grotto made a new spring of water well up near Bernadette. The Lady told her to drink from it and wash herself in it.

That spring is still there today. Many people go to visit the Shrine of Our Lady of Lourdes and take away Lourdes water. Many people have experienced many healings and miracles while visiting the shrine at Lourdes by either drinking the water or bathing in it.

Our Lady appeared to Bernadette 18 times. Finally on March 25, the Lady told Bernadette "I am the Immaculate Conception." Bernadette didn't know what these words meant, but she very carefully remembered them and repeated them to herself so that she would remember them correctly. Bernadette went straight to the priest's house and said the words to the village priest. He knew what they meant and was very surprised.

The Immaculate Conception means that Mary was created in her mother, Anna's, womb and born without sin. Of course, anyone who was going to be the Mother of God, and carry Jesus in her womb would have to be without sin herself. Mary is the only person in the whole world, besides Jesus who was born without Original Sin. The declaration to the Church and the world, that Mary was the Immaculate Conception, had only been made 4 years before Bernadette received the visions of Our Lady.

Since Bernadette could not have made up words that she didn't understand, it became obvious that the Lady in the Grotto was the Virgin Mary herself, and that the little village of Lourdes had been greatly honored by her appearances there. Many millions of people have been to Lourdes in the 140 years since the Apparition of Our Lady of Lourdes.

Central Regional News Cont

The testimonies of renewed faith and miraculous healing would fill many books.

Later in life Bernadette became a Sister of Charity of Nevers, and was besieged by many faithful and religious.

Bernadette (in religion, S ister Marie-Bernarde) spent the latter part of her life at the convent, saying that she had come to hide herself. She sought God in the silence of the cloister, serving Him in humility and under the vows of her profession as a S ister of Charity of Nevers. She lived in the convent for thirteen years, spending a large portion of this time ill in the infirmary - when a fellow sister accused her of being a 'lazybones', she said that her 'job' was "to be ill".

Bernadette died on 16th April 1879.

The Lady of Lourdes had kept the promise She made to Bernadette in 1858 - "I do not promise to make you happy in this world, but in the next".

Although the apparitions of Our Lady at Lourdes were over for Bernadette (at least in this life), their message and mission were never to be forgotten. Bernadette silently offered all of her sufferings, internal and external, for the benefit of "poor sinners".

On December the 8th,1933, the feast of the Immaculate Conception, Bernadette was declared a S aint by Pope Pius XI

On February 11th, close to the day that Bernadette received her first Holy Communion, the Church will celebrate Our Lady of Lourdes and honor what happened many years ago in Lourdes, France to Saint Bernadette. Mary can be an incredible avenue to reach Christ. God, the Son, came to mankind through Mary and what better way to draw closer to him than by praying to our Lord's Mother. May the Blessings of Our Lady be with each and every one of you as you journey to a personal relationship with Our Savior and Lord, Jesus Christ.

Sisters in Christ,

Lisa J Dusterhoff



This novena prayer, although short is sufficient. It would be better of course to add, if time permits, three Hail Marys or say five times the Our Father, Hail Mary and Glory be to the Father, or to use some of the many well-loved novena prayers from other sources. Remember that prayers must be said with the lips in order to gain the indulgences. This novena starts on February 2 and ends on February 11.

O most beautiful lady, who appeared to the humble little Bernadette in the Grotto of Lourdes, look with pitying eye upon the sick and the afflicted. Let me remember to say to you each day as do the pilgrims at Lourdes, "Ave, Ave, Ave Maria."

Our Lady of Lourdes, pray for us.

300 days. S. Pen., Nov. 15, 1927

Prayer source: *All Day with God* by Blanche Jennings Thompson



Our Lady of Good Counsel, Pray for us.

"The Military Council of Catholic Women (MCCW) reflects a visible presence of Christ in military communities by fostering and nourishing women in spirituality, leadership and service. Inspired by the Holy Spirit, MCCW serves as a vital enhancement of the religious support mission of military chapels."

Tidbit of History: The USA in MCCW-USA really began as MCCW—United States Army and not United States of America.

All Grapevine submissions are to be sent by the 5th of the month prior to the publication to Laine Madole at mccw@madole.com. If articles are late they may not make that next month's edition.



Connections—Worldwide Board of Directors



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